

WORK/LIFE SOLUTIONS

EMPLOYEE ASSISTANCE SERVICES

Performance

Wellness

Productivity

Morale

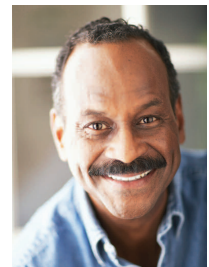
Cooperation

Safety

Affordability

Savings

Flexibility



Focused on supporting healthy and productive employees

Work/Life Solutions and Your Company

Forward thinking businesses view their workforce from a human capital perspective. Strategically, a company's human capital must be focused and motivated. Work/Life Solutions is a **performance enhancement** program that can provide **measurable savings** for your company and protect your human capital investment. Work/Life Solutions Employee Assistance Services can be a powerful tool to improve the resilience, productivity and healthy functioning of your employees and your business.

...research shows that each dollar invested in an EAP saves the employer \$5.00-\$16.00.

According to the National Institute of Mental Health, depression and anxiety disorders affect 19 million adults annually. You may be surprised to learn that:

- **70% of all adult illegal drug users are employed.**
(Center for Substance Abuse Treatment)
- **On a daily basis, 1 in 5 employees is being negatively affected by a personal issue.**
(Global Business and Economic Round Table on Addictions and Mental Health)
- **1 in 5 employees who call in sick are suffering from stress rather than an illness.**
(Commerce Clearing House, Inc.)
- **Drug-reliant employees incur 300% higher medical costs and benefits, miss work 3 more weeks per year, use 2.5 times more medical benefits, have accidents 3.6 times more often, and are 5 times more likely to file a workers compensation claim.**
(U.S. Chamber of Commerce)
- **Almost half of employees cite stress and personal issues as the most common reason for work absence and 44% of employees say they come to work at least once a quarter too stressed to be effective.**
(HR Magazine)

Research by the United States Department of Labor shows that each dollar invested in an EAP saves the employer \$5.00-\$16.00. Employee assistance services for your employees can protect your investment and/or save you money by:

- **Reducing absenteeism, disability claims and theft**
- **Increasing productivity and promoting employee cooperation**
- **Enhancing your organization's health**
- **Helping attract and retain quality employees while boosting morale**

We can help you achieve and maintain a healthy workforce through training sessions, counseling, intervention, consultation, and a variety of other services that can be customized for your needs.

When your employee develops a personal problem for which he or she could use counseling or support, Work/Life Solutions can be there to help. We provide qualified, expert, and **confidential** professional services to employees and their families.

About Us

Work/Life Solutions is a division of Behavioral Healthcare Partners of Central Ohio, Inc, which has been serving the central Ohio area since **1955**. We are certified by the Ohio Department of Mental Health and the Ohio Department of Alcohol and Drug Addiction Services. We are members of the Licking County Chamber of Commerce, Knox County Chamber of Commerce, Muskingum County Chamber of Commerce, the Downtown Newark Association, Employee Assistance Professionals Association, and the Society for Human Resource Management.

Our offices are located in downtown Newark, Ohio and Mount Vernon, Ohio. We can **provide on-site service** all over the state at your request.



What Makes Us Unique?

Work/Life Solutions is a **full service** provider. Unlike some employee assistance providers that take an initial phone call and then make a referral to another agency, Work/Life Solutions **can do it all**.

- Our employee assistance services staff are licensed to treat mental health and alcohol and/or other drug abuse problems
- We have Psychiatrists, Advanced Practical Nurses and Registered Nurses on staff, and 24 hour crisis intervention services. We serve all ages, from the very young through to end of life
- Services are provided **in-house**, not referred out, and available **24** hours a day, **7** days a week, **365** days a year
- Services are available at our facilities and on-site at your location

What Our Customers Say...

"At any time our associates may face challenging situations that impact their ability to balance work and personal life. The Employee Assistance Program (EAP) through Work/Life Solutions has been benefiting our associates and their immediate family members for years. Although EAP is strictly confidential, many associates have contacted Human Resources after using the services to thank us for making the benefit available."

- Jill Evans, Assistant Vice President,
Human Resources, Park National Bank.

Counseling Services

Work/Life Solutions provides **confidential**, comprehensive assessment and counseling services for employees and their family members. Services are available to treat depression, anxiety, grief, stress and anger management, alcohol and/or other drug abuse, post trauma, family and parenting problems, marital and divorce issues, budget and debt problems, gambling and other addictions.

Drug Free Safety Program

Drug Free Safety Program is a voluntary program that encourages employers to detect and deter alcohol and/or other drug use and misuse, and take corrective action within the context of addressing overall workplace safety. Work/Life Solutions can help develop and implement a Drug Free Safety Program (DFSP) program for your company. Ongoing, Work/Life Solutions provides the training support and employee assistance as required by the State of Ohio. Not only do employers who implement the Drug Free Safety Program receive discounted workers' compensation rates and lowered workers' compensation costs, they also provide greater protection for all employees.

For more information, visit:

www.ohiobwc.com/employer/programs/dfspinfo/dfspdescription.asp

Department of Transportation Substance Abuse Professional Services (DOT-SAP Services)

Work/Life Solutions is an approved provider of Substance Abuse Professional Services for the Ohio Department of Transportation (ODOT). Services include evaluation, treatment, follow-up evaluation and drug testing, return to duty and aftercare.

Available Training and Presentations

Work/Life Solutions provides training on a variety of topics, including but not limited to:

- Alcohol and/or Other Drug Abuse Education
- Crisis Intervention
- Financial Management
- Health and Wellness
- Mediation/Dealing with Difficult People
- Mental Health Education
- Stress Management
- Team Building
- Workplace Violence

We can tailor training sessions to fit your business needs!

Other Services Provided

- Crisis intervention for employees per company request
- Outreach and education for employees and their family members
- Consultation and referral based on company need
- Quarterly and Annual Utilization Reports
- For those companies that already provide employee assistance services, Work/Life Solutions takes referrals for the services not provided by the employer, such as counseling, trainings, crisis intervention, and Drug Free Safety Program.

Employee Assistance Services (EAS) Coordinator independently licensed by:

- **The Ohio Chemical Dependency Professionals Board**
- **The Ohio Counselor, Social Worker, and Marriage & Family Therapist Board**

and approved as a Certified Gambling Addiction Specialist by:

- **The American Academy of Health Care Providers in the Addictive Disorders**

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*A Division of Behavioral Healthcare Partners
of Central Ohio, Inc.*

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